



Participation and Release and Assumption of Risk Agreement

Linden Valley Baptist Conference Center (LVBCC)

A Ministry of the EXECUTIVE BOARD OF THE TENNESSEE BAPTIST CONVENTION



Participant's Name: _____ Age: _____ Birth Date: ____/____/____

Home Address: _____

WARNING: by signing this form, you give up important legal rights including the right to sue. Please read carefully.

Disclaimer: The Tennessee Baptist Convention and the Executive Board of the Tennessee Baptist Convention, their officers, directors, employees, volunteers, agents, and representatives (hereafter referred to as "the Convention") are not responsible for any injury, loss, or damage sustained by any person while participating in the Activity which might be caused by the negligence of the Convention.

Assumption of Risks: In consideration of my being permitted, or my child being permitted, to participate in the Activity, I acknowledge that I am aware of the possible risks, dangers, and hazards association with participation in the activity, including the possible **risk of severe or fatal injury**.

These risks include but are not limited to the following and those described below related to specific Activities:

- a) The risks associated with travel to and from the activity and between locations during the Activity;
- b) The possibility of bodily injury including broken bones, soft tissue damage, emotional distress, **and even death** while participating in the Activity;
- c) The hazards of being in a wilderness-type setting, distant from physician and hospital care.

Indemnification and Release of Liability: In return for the Convention's allowing me or my child to voluntarily participate in the Activity, I agree:

1. **To assume and accept all risks** arising out of, associated with, or related to participating in the Activity, even though such risks may have been caused by the Convention.
2. **To be solely responsible for any injury, loss, or damage** which I or my child might sustain while participating in the Activity, even though such injury, loss, or damage may have been caused by the negligence of the Convention.

Permission to photograph: Further, I do hereby give the Convention and parties designated by them, including clients, licenses, purchasers, agents, publishers, and periodicals, the irrevocable right to use my name and my child's name and/or photograph for sale and reproduction in any print or electronic medium for purposes of advertising, trade, display, exhibition, competition, or editorial use pertaining to ministries, activities, or events of the Convention.

Challenge-by-Choice:

Participation in any event is entirely voluntary. A participant may decline to continue participation at any time. The following activities are designed to build the individual's self-esteem and confidence. Participants are encouraged in a "Challenge-by-Choice" atmosphere and should not feel pressured to participate in any way. Participants may withdraw from the activities at any time.

ACTIVITIES: (initial your choice of participation beside each activity; failure to make a choice is deemed a "No")

Yes No **Hiking Trails**
Minimum requirements: Good physical condition and ability to maneuver over, around & through rugged terrain, and traverse steep inclines.
Risks: Physical exertion, twisted ankles and other joints, wild animals, poisonous and non-poisonous snakes, spiders, etc.
Description: Trail system covers relatively rugged terrain. Some trails may have vehicle traffic, also. As you traverse several ridges that take you to a water fall or the rustic camp you should be aware that: 1) You are in the woods and could be far from road access, 2) You are in someone else's home, i.e., insects (some poisonous), birds, snakes (some poisonous), bears and many other wild animals who like to be left alone, 3) Trails are maintained but relatively unimproved. Natural rocks, roots, trees, etc., (which could injury) are left in place, 4) Weather in the region is unpredictable and may change suddenly. Hikers should plan ahead and prepare, follow all signs, stay on the trail, take water, proper clothing and shoes, hike with no less than one other person and let someone know where you are going.

Yes No **Swimming**
Minimum requirements: Demonstrated ability to swim.
Risks: Drowning, abrasions and scrapes from concrete pool, choking, eye irritation, skin irritation and sunburn.
Description: Swimming in the pool is prohibited when no Camp designated lifeguard is on duty. You will be swimming, jumping, wading and paddling in water from 3 to 5 feet deep. No Diving is allowed. You will also be exposed to all the natural elements inherent to outdoor environments including insects and the sun. Sunscreen is highly recommended. Decisions of the lifeguard are final.

Yes No **Paintball Target Practice**
Minimum requirements: At least 6 years of age and able to follow basic instructions.
Risks: Abrasions and eye injuries from being accidentally shot with a paintball.
Description: Participants will stand in a straight line parallel to the targets. Upon command from the course manager, they will use markers (special equipment designed to propel paintball towards target) to shoot paintball at stationary targets 25-30 feet away. At no time do participants shoot at each other. On a command from the course manager, all shooting is stopped and markers are laid on down facing the target range.

Yes No **Archery**
Minimum requirements: At least 8 years of age and able to follow basic instructions.
Risks: Serious injury, including permanent disability, loss of eyesight, paralysis and death.
Description: Participants are to stand in a straight line parallel to the targets and upon command from the course manager, they use solid recurve bows to shoot arrows at stationary targets 25-30 feet away. On command from the course manager, all shooting is to stop and any remaining arrows are to be placed on the ground.

Yes No **Mud Pit**
Minimum Requirement: Able to follow basic instructions.
Risks: Drowning or choking, abrasions and scrapes from mud, eye irritation or injury, skin irritation, sunburn,
Description: Participants will have an opportunity to run, slide, and crawl through a 25' long pit of mud. Deeps are up to 18 inches. This is an activity that is scheduled through the Events Coordinator but is directed and controlled by the individual group leader. After the event individuals **must** rinse thoroughly before returning to cabins or entering any building. This is a clay based mud which may not wash out. It is recommended that participate wear clothing that can be discarded.

Yes No **Kayaking/Tubing/Wading**
Minimum requirements: At least 10 years of age, sturdy tennis/water shoes, average physical condition and must wear a safety flotation device though the entire activity.
Risks: Drowning, snake bite, scrapes and bruises from rocks, trees, other participants.
Description: Transportation by a LVBCC-owned bus to one of three "put-in" points along the scenic Buffalo River for either a one mile, four mile or eight mile trip. Floaters are to float down the river on a "sit-on" or "sea" style kayak or a rental-grade tube back to LVBCC. All participants are required to wear a life-jacket during the entire float trip. Although the Buffalo River seems to be a mild river with only a few class one rapids, it can also be inherently unpredictable. Rocks, trees, steep terrain,

deep water in places, snakes (some poisonous), weather, other people, and the like, all put you at risk for unforeseen injury or loss. **Tennis shoes or sturdy water shoes are required.**

Yes **No** **Fishing/Wading**

Minimum requirements: Sturdy tennis or water shoes, average physical condition and must wear a safety flotation device though the entire activity. Fishing poles and tackle are not provided. License is required for anyone 16 years of age and above.

Risks: Drowning, head injuries, snake bite, scrapes and bruises from rocks, trees, other participants.

Description: Stand on bank or wade in shallow water, cast lines, bait hooks and handle fish. All participants are required to wear a life jacket during the entire activity. **Tennis shoes or sturdy water shoes are required.**

Yes **No** **Paintball**

Minimum requirements: At least 10 years of age and in good physical condition.

Risks: Abrasions from impact of being hit, strenuous activity, running, jumping, sliding on rugged terrain, head and other injuries from falls and collisions, including broken bones.

Description: All participants are to wear protective face shield during play. Long pants, shirts, closed toed shoes and gloves are strongly recommended. You will be running, jumping, sliding, ducking, and hiding in and on rugged terrain that will be muddy, rocky, uneven, and possibly dangerous. You will also be carrying a paintball marker that uses compressed gas to propel small, lightweight plastic paint filled pellets towards your opponent. Being hit by a paintball can be painful and cause bruising. Personal paintball markers are not allowed.

Yes **No** **The Low Ropes Challenge Course**

Minimum requirements: At least 10 years old and have the physical stature and mobility to encounter initiatives.

Risks: Course includes climbing, lifting, balancing, physical exertion, group participation, on platforms from two to ten feet off the ground. There is potential risk for a myriad of injuries, including falling, twisting ankles or other joints, pulled muscles, etc.

Description: Simple in design, but highly effective, the Low Challenge Course is most effective for creating team-oriented programming. Distinct stations allow groups to participate simultaneously. Facilitators can choose an assortment of variations, based on the participating groups. Initiatives range from a Spider's Web, Team Wall, Island, Nitro Crossing, Wild Woozy, and a Trust Fall Platform, to fun-filled games.

Yes **No** **The Odyssey High Ropes Course -**

Minimum requirements: At least 12 years of age to participate on the course. In addition participants must have the physical stature required to fit safely in the harness equipment. There is a 250 lb maximum weight limit.

Risks: The course may aggravate certain medical conditions and individuals with a history of or inclination for certain medical conditions should consider carefully the potential dangers to themselves if they choose to participate in the course. It is strongly recommended that you consult with your physician about your particular situation. Included in the medical conditions of concern are:

| | | | | | |
|--------------|---------------------|---------------------|-----------|-----------|------------------------|
| heart attack | chest pain/pressure | high blood pressure | asthma | stroke | knee/ankle problems |
| diabetes | seizures | major surgery | pregnancy | allergies | back/neck/arm problems |

Description: This course is a high ropes adventure course that challenges the participant to traverse a series of cables strung between 50' tall towers. Participants work in a team of 2 to 4 people to successfully traverse the course and overcome obstacles in the course design. This course teaches self-confidence, trust, problem-solving and team work. Each participant is to wear a harness and is tethered by a static rope to safety cables.

Yes **No** **Zip Line**

Minimum requirements: At least 12 years of age to participate on the course. In addition, participants must have the physical stature required to fit safely in the harness equipment. There is a maximum 250 lb weight limit.

Risks: Physical exertion in climbing up cargo net, bounce and jolt to body stepping off of platform, lower joint and back pains from climbing, and anxiety from heights or speed from free fall. Individuals suffering from fear of heights should carefully review and consider the impact of this experience. It is strongly recommended that you consult with your physician about your particular situation. Included in the medical conditions of concern are:

| | | | | | |
|--------------|---------------------|---------------------|-----------|-----------|------------------------|
| heart attack | chest pain/pressure | high blood pressure | asthma | stroke | knee/ankle problems |
| diabetes | seizures | major surgery | pregnancy | allergies | back/neck/arm problems |

Description: A 620' ride suspended from a cable. Participants are to climb a cargo net to a platform. They will be connected by trained staff to the cable using a pulley and harness system to insure safety. Two participants ride parallel cables six feet apart from a wooded area into an open field where trained staff will meet them to disconnect the harness and pulley. You will begin 30 feet off the ground and end the Zip Line 12' off the ground.

Acceptance of Medical Expenses: I understand that I have purchased through the Executive Board, by means of the activity fee, a limited accident and illness insurance policy. This policy may pay up to \$2,500 of medical expense, with certain exceptions, for medical treatment required by the camper on this form resulting from participation in this event. Pre-existing and self-inflicted injuries are not covered by this policy. Furthermore, I agree to pay any and all medical expenses incurred, not covered by this policy and acknowledge that my medical, health and liability insurance coverage is considered primary after the \$2,500 coverage mentioned herein.

Have you reached 18 years of age? Yes No If **NO**, executed **Minor Participant – Parental Authorization** (below) required.

Signature: By signing, I affirm I have read this release and understand and agree to its terms.

Signature: _____ Date: _____

Minor Participant – Parental or Guardian Authorization:

We acknowledge that we have read this agreement, that we have executed this agreement voluntarily, and that this agreement is to be binding on us, or child participant, and our and our child's personal representative, and next of kin in the event of our or our child's death or incapacity. We give our permission for the minor participant listed to participate in the chosen activities, and to the Permission to Photograph and Acceptance of Medical Expenses provisions stated. We accept responsibility for all medical, health and/or liability expenses which may arise from the minor participant's involvement in the activities. We hereby appoint the Camp Manager, Camp Director and/or the Camp Nurse of the camp attended by the minor, as our attorney in fact and vest any of them with authority to authorize any necessary medical treatment for the minor.

By the date of the activity, the minor is or will be at least _____ years old.

Signature of Father: X _____ Date: _____

Signature of Mother: X _____ Date: _____

Signature of Guardian: X _____ Date: _____

BOTH parents must sign unless only one parent has legal custody of the child or only one parent is present in the household or is living or is mentally competent. The absence of a second parental signature shall be an affirmation that only one parent's signature is therefore required.