

D-Group Quick Start

Why D-Groups?

Disciples are best made in a community of close relationships. Jesus had Peter, James, and John. The apostle Paul had Timothy, Silas, and Luke. David had his inner circle of three mighty men. A D-Group is not just any group, it is a biblical group. That is... a D-Group is a smaller group of about four people who meet together to share the Word of God with each other; learn Scripture together, and support and encourage each other through prayer and relationships.

Starting a D-Group

D-Groups are easy to start. Simply invite three other people to join you, plan your first get-together, decide what Bible passage the group wants to immerse themselves in, and then follow through and do it! Invite three people from your Sunday School class for starters.

Three People to Invite to D-Group

Select a Bible Passage

Possible passages include:

- 1 Corinthians 13
- Psalm 1
- Psalm 121
- John 15:1-8
- Colossians 1:15-20

Or select a book of the Bible

- John
- Philippians
- James
- 1 Timothy
- 1 John

Select a time and location for the group to meet

Time: _____

Location: _____

Bible Passage: _____

What to do at D-Group

Open with prayer

Memorize Scripture together

Study the selected Bible passage

Pray together

Memorize Scripture

When a D-Group forms, the group already has one of the most necessary basics needed for Scripture memory—accountability. Almost everyone responds to accountability.

Memorize the group's study passage. Memorizing the passage in addition to studying it will help group members meditate on God's Word more completely and bring transformation.

Always start first with memorization. If the group's memorization time is last, ultimately it will get crowded out and not get done at all.

Everyone shares the agreed upon memory verse. The leader should quote the verse first, followed by other members of the group. This step helps keep the group accountable.

Study the Bible

The HEAR process for studying the Bible is recommended for both group and personal study. To study the passage the group has selected, follow this simple process.

- H** Highlight. Highlight or circle words in the passage that get your attention.
- E** Explain. Explain why you highlighted the words. Write it in your journal and share it with your group.
- A** Apply. Apply the highlighted words and explanation to your life. In other words, do what the Bible is teaching you.
- R** Respond. Share your response to what you have heard from the Lord through His Word.

Pray

Conclude the D-Group with prayer. Ask members to share how the group can pray for them in the upcoming week, and then pray together.

Replicate Your D-Group

After six months or so, the group needs to make plans to replicate itself by starting another group. Because the D-Group process is simple, it is easier to replicate. Perhaps group members can pair up, invite two new people to each group, and form two new D-Groups. Or, all four members start a new group. Consider inviting a lost friend to join the new D-Group.



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