

Session Sixteen: Choose Kindness and Forgiveness



Today's Point:

Jesus wants us to be kind, not mean—and to forgive others just like He forgives us.

Bible Verse:

Luke 6:37

CSB: Do not judge, and you will not be judged. Do not condemn, and you will not be condemned. Forgive, and you will be forgiven.

KJV: Judge not, and ye shall not be judged: condemn not, and ye shall not be condemned: forgive, and ye shall be forgiven.

Today's Bible Skill:

- Memorize Luke 6:37
- Find the Gospel of Luke in the New Testament
- Understand that Jesus was teaching how to treat others kindly and with grace

Bible Truth Activity:

Game: "Grace Glasses"

Object of the game: Help kids learn to "see" others the way Jesus sees them—with love and grace, not judgment.

Materials:

- Paper glasses or plastic play glasses
- Markers, crayons, or stickers
- Optional: words like "kindness," "forgive," "grace," "love" pre-written on labels

Directions:

1. Let each child decorate a pair of paper or toy glasses.
2. Talk about how we sometimes "see" others in a mean way—by judging them.
3. Say: "These Grace Glasses help us see others with love instead of meanness!"

Say:

Jesus said we shouldn't judge or condemn people. When we put on our "Grace Glasses," we try to see others the way Jesus does—ready to forgive and love, not be mean or hold a grudge.

Bible Discovery Discussion:

Ask the kids:

- What happens when we judge others? (It hurts feelings, makes others feel small, makes us proud)
- How does it feel when someone forgives you?
- What does this verse tell us God will do if we forgive?

Say:

Jesus said, "Forgive, and you will be forgiven." That means God wants us to pass along the kindness He gives to us. We don't judge people—we love them. We don't hold grudges—we forgive.

Bible Verse Activity – Echo with Emotion

Say the verse in short parts and let kids echo it back using different emotions. Use joyful, silly, serious, whisper, loud, or even robot voices.

Example:

Leader: *Do not judge* (joyful voice)

Kids: *Do not judge*

Leader: *And you will not be judged* (robot voice)

Kids: *And you will not be judged*

(Repeat through the whole verse.)

Say:

Even though we're having fun, this verse teaches us something serious—how to treat others with the love that Jesus shows us.

Bible Skills Activity: “Forgiveness Footprints”

Materials:

- Paper cutouts of footprints
- Markers
- Tape or poster board

Instructions:

1. Give each child 1–2 footprints.
2. Have them write or draw one way to forgive or be kind on each one.
(e.g., “Say sorry,” “Let it go,” “Don’t talk back,” “Be kind even when mad”)
3. Tape them to the floor or a wall to make a path.

Say:

Every time we choose to forgive instead of judge, it’s like we’re walking the path Jesus showed us. He forgives us, and He wants us to walk in forgiveness too!