



## Session Twenty One: Choose to Be Kind Like Jesus

### Today's Point:

God wants us to treat others with kindness and forgive, just like Jesus treats us.

### Bible Verse:

#### Ephesians 4:32

**CSB:** And be kind and compassionate to one another, forgiving one another, just as God also forgave you in Christ.

**KJV:** And be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ's sake hath forgiven you.

### Today's Bible Skill:

- Memorize Ephesians 4:32
- Know Ephesians is in the New Testament, written by Paul
- Learn what "kind," "compassionate," and "forgive" mean from a Bible point of view

### Bible Truth Activity:

#### Game: "Act It Out – Kind or Not?"

*Object of the game:* Practice recognizing kindness and forgiveness through short skits.

#### Directions:

1. Prepare short skits ahead of time or ask kids to act out scenarios you describe.
2. After each one, ask: "Was that kind and forgiving or not?"
3. Ask: "What would have been the right thing to do?"

### Examples:

- A child knocks over someone's blocks and walks away.
- Two friends argue, then say "I'm sorry" and hug.
- One child includes someone sitting alone in a game.
- A child yells "You can't play with us!"

**Say:**

Ephesians 4:32 tells us exactly how to treat people: with kindness, care, and forgiveness. Let's be like Jesus in how we treat others.

**Bible Discovery Discussion:**

Ask the kids:

- Can you think of a time someone forgave you?
- Why is it hard to forgive sometimes?
- What helps us be kind when we don't feel like it?

**Say:**

Jesus didn't wait for us to be perfect—He forgave us even when we didn't deserve it. That's why we can forgive others. When we are kind and compassionate, we're acting like Jesus!

**Bible Verse Activity – Say It & Sort It****Materials:**

- Word cards with words from Ephesians 4:32
- “Scrambled” order on the floor or table
- Timer (optional)

**Instructions:**

1. Mix up the verse cards and place them on a table.
2. Kids work together to put the words in the right order.
3. Once it's correct, read the verse out loud together.
4. Repeat as a race or team challenge if time allows.

**Say:**

Each word in this verse matters! God wants us to remember this truth and live it out each day.

## **Bible Skills Activity: “Kindness Hands” Craft**

### **Materials:**

- Construction paper
- Crayons, markers, scissors
- Glue or tape

### **Instructions:**

1. Trace each child’s hand on paper and cut it out.
2. On each finger, they write or draw one way to be kind, compassionate, or forgiving.
3. Title it: “Hands that Help Like Jesus!”
4. Hang them on a bulletin board or send them home.

### **Say:**

Our hands can be used to hurt or help. Jesus wants our hands and hearts to be kind and forgiving. Let’s choose to love others the way He loves us.