



## **Session Twenty-Three: God's Ten Good Rules**

### **Today's Point:**

God gave us ten good rules to help us love Him and others.

### **Bible Passage:**

#### **Exodus 20:3–17**

Read the Ten Commandments in the current version of Bible your group is using (CSB or KJV)

### **Today's Bible Skill:**

- Learn that Exodus is the 2nd book of the Old Testament
- Understand that the Ten Commandments are found in Exodus 20:3-17
- Begin learning all 10 Commandments in simple form

### **Kid-Friendly Ten Commandments:**

1. Put God first.
2. Worship only God.
3. Use God's name with respect.
4. Keep God's day special.
5. Obey your parents.
6. Don't hurt others.
7. Keep your promises.
8. Don't take what isn't yours.
9. Tell the truth.
10. Don't be jealous of others.

## **Bible Truth Activity:**

### **Game: “Commandment Match-Up”**

*Object of the game:* Help kids recognize and remember all Ten Commandments.

#### **Materials:**

- Cards with the 10 Commandments (symbols or words)
- Cards with pictures or short descriptions that match each commandment

#### **Directions:**

1. Mix up both sets of cards.
2. Kids take turns choosing a commandment and finding the picture or description that matches.
3. Review each commandment together as it's matched.

#### **Say:**

God gave us the Ten Commandments to show us how to love Him and how to treat others. They're not just rules—they help us live in a way that honors God.

## **Bible Discovery Discussion:**

Ask the kids:

- Why do you think God gave rules like these?
- Which of these rules help us love God? (1–4)
- Which help us love others? (5–10)
- Can we follow these on our own?

#### **Say:**

The Ten Commandments teach us what is right and what is wrong. Even though we can't follow them perfectly, God gave us Jesus—He followed them all. When we follow Jesus, He helps us obey God's commands from a heart that loves Him.

## **Bible Verse Activity – “Ten Fingers Chant”**

Let's use our fingers to learn the Ten Commandments!

### **Instructions:**

Hold up one finger at a time and say each one in a chant:

- 1 – Put God first
- 2 – No idols, only God
- 3 – Respect God's name
- 4 – Worship and rest
- 5 – Obey your parents
- 6 – Do not hurt
- 7 – Be faithful
- 8 – Don't steal
- 9 – Always tell the truth
- 10 – Don't be jealous

### **Say:**

Great job! Now you know all Ten Commandments. Let's keep learning what they mean and how Jesus helps us live them out.

## **Bible Skills Activity: “Commandment Stones”**

### **Materials:**

- Small foam or paper “stones” (or cardboard)
- Markers
- Basket or bucket

### **Instructions:**

1. Give each child one or two “stone tablets.”
2. Have them write one of the Ten Commandments (kid version) and decorate it.
3. Collect and read them aloud, then place them in the “basket of God's good rules.”

### **Say:**

When Moses got the Ten Commandments, they were written on stone tablets. Today, we can write them on our hearts by remembering them and obeying God out of love.