

Session Four: Honor Your Parents



Today's Point:

God wants us to respect and obey our parents.

Bible Verse:

Exodus 20:12

CSB: Honor your father and your mother so that you may have a long life in the land that the Lord your God is giving you.

KJV: Honour thy father and thy mother: that thy days may be long upon the land which the Lord thy God giveth thee.

Today's Bible Skill:

- Begin memorizing Exodus 20:12
- Know that the Ten Commandments are found in the book of Exodus
- Learn that Exodus is the second book of the Old Testament

Bible Truth Activity:

Game: Obey Relay

Object of the game: Practice listening, following instructions, and working as a team—just like honoring parents!

Directions:

1. Divide kids into 2–3 teams.
2. Line each team up on one side of the room.
3. Give simple commands for each child to follow (like "hop to the wall and back," or "touch your toes and run").
4. Only when the teacher says "Go," the first child on each team completes the command and returns to tag the next child.

Say:

Great job obeying! That's what our Bible verse talks about today. Let's read it together: "Honor your father and your mother..." That means we listen, respect, and obey them. It makes God happy when we do that!

Bible Discovery Discussion:

Ask the kids:

- What does it mean to "honor" your parents? (Let them answer—respect, listen, obey, be kind)
- Who gave us the Ten Commandments? (God)
- Where are the Ten Commandments found? (Exodus 20)

Say:

Honoring our parents means showing them love and respect. God gave this commandment to help families live well together. When we obey our parents, we are also obeying God. He promises that things will go better for us when we do!

Bible Verse Activity – Clap and Say

Let's learn Exodus 20:12 using claps to help us remember!

Clap once between each phrase as you say the verse out loud together:

Clap – *Honor your father*

Clap – *And your mother*

Clap – *So that you may have a long life*

Clap – *In the land that the Lord your God is giving you*

Clap – *Exodus 20:12*

Now try saying it faster and with rhythm! Let a few kids take turns leading.

Bible Skills Activity: Ten Commandment Match

Materials:

- Ten small numbered cards (1–10)
- Ten matching cards with simple explanations or pictures of each commandment (For example: “Love God first,” “Do not lie,” “Honor your parents”)

Instructions:

1. Lay out the number cards in order on a table or floor.
2. Mix up the picture/description cards and give them to kids.
3. One at a time, kids come up and match their commandment card with the correct number.

Say:

Exodus 20 is where we find the Ten Commandments. Do you know what number “Honor your father and mother” is? (Number 5!) Great job! That means it’s one of the first things God wanted us to remember.