



Session Six: God's Good Rule for Families

Today's Point:

God gave us the good rule to honor our parents.

Bible Verse:

Exodus 20:12

CSB: Honor your father and your mother so that you may have a long life in the land that the Lord your God is giving you.

KJV: Honour thy father and thy mother: that thy days may be long upon the land which the Lord thy God giveth thee.

Today's Bible Skill:

- Memorize Exodus 20:12
- Find Exodus in the Bible and learn that it's the 2nd book in the Old Testament
- Understand that Exodus 20 contains the Ten Commandments

Bible Truth Activity:

Game: "Yes, Mom! Yes, Dad!"

Object of the game: Reinforce listening and obedience in a fun and silly way!

Directions:

1. Choose one child to be the "Parent" and give commands (e.g., "Hop on one foot," "Touch your nose," "Sing a silly song").
2. Each time a player follows a command, they must first say, "Yes, Mom!" or "Yes, Dad!"
3. If they forget to say the phrase, they must freeze until the next round.

Say:

That was a fun way to remember that obeying parents can be joyful! God gave this command because He wants us to learn to obey and respect those who care for us. It helps us love others and follow God better.

Bible Discovery Discussion:

Ask the kids:

- What does it mean to honor someone? (Respect, obey, speak kindly to, be thankful for)
- Who are some people you should honor? (Parents, grandparents, teachers, etc.)
- How do we show God we love Him? (By obeying His commands!)

Say:

God gave this command as one of His top 10—His Ten Commandments. When we honor our parents, it shows we trust God's good design for families. It pleases God when we show love, listen, and obey. Even Jesus obeyed His earthly parents!

Bible Verse Activity – Rhythm Repeat

Let's learn our memory verse using a clapping rhythm!

Instructions:

Clap–clap–snap, clap–clap–snap (keep the beat going)

Say the verse one phrase at a time while keeping the rhythm. Kids repeat each phrase after you while clapping along:

- *Honor your father* (clap–clap–snap)
- *And your mother* (clap–clap–snap)
- *So that you may have a long life* (clap–clap–snap)
- *In the land that the Lord your God is giving you* (clap–clap–snap)
- *Exodus 20:12!* (clap–clap–snap)

Repeat it once or twice, then challenge them to say it without your help!

Bible Skills Activity: “Commandment Charades”

Materials:

- Ten slips of paper with kid-friendly versions of the Ten Commandments written on them
- A Bible open to Exodus 20

Instructions:

1. Let kids take turns drawing a card and acting out the commandment silently (like charades).
2. The group guesses which commandment it is.
3. When someone draws “Honor your parents,” stop and read Exodus 20:12 together.

Say:

God gave these commandments to help us live in a way that pleases Him. Honoring our parents is one of His most important commands. Let’s remember to show them love, listen carefully, and obey right away—because it brings joy to God and blessings to us.